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Technical Brief: Sodium Hexametaphosphate and Dental Calculus in Dogs and Cats

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It is well known that oral disease is highly prevalent among dogs and catsⁱ. Oral disease has been linked to histopathologic changes in the kidney, myocardium, and liver, therefore, the maintenance of oral health is important for the overall health of companion animals and the control of calculus is an important stepⁱⁱ.

Traditionally, calculus prevention has occurred through: 1) the daily, mechanical removal of plaque before calcification (brushing, antimicrobials, etc), 2) the daily application of a crystal growth inhibitor that interferes with the binding of calcium to the plaque biofilm, 3) the use of a carboxylic acid to reduce or inhibit calculus, or 4) the use of a sequestering agent to block the mineralization of plaque. One such sequesterant is sodium hexametaphosphate (SHMP) - the technology behind Hartz[®] Dentashield™. Sodium hexametaphosphate $[(\text{NaPO}_3)_6]$ has a wide variety of uses: water softening and detergents, food additives, antimicrobials, buffers, boiler water additives, cleaners, coagulants, dispersants, leavening agents, stabilizers, emulsifiers, texturizers, and sequestrants and is safe for animal consumption^{iii,iv}.

Dental calculus is formed by the deposition of salivary calcium in plaque. In contrast to crystal growth inhibitors, which bind to the growing calculus thereby temporarily inhibiting calcification, SHMP becomes incorporated into the plaque biofilm and forms soluble complexes with calcium that diffuse into the saliva thus preventing plaque mineralization^{v,vi,vii}. Sequestrants are advantageous over crystal growth inhibitors because they are not buried under a newly deposited plaque layer each day but, instead, remain in the plaque biofilm to block calculus formation^{6,7}.

ⁱ American Veterinary Dental Society

ⁱⁱ Logan EI, Finney O, Hefferren JJ: Effects of a dental food on plaque: Accumulations and gingival health in dogs. *J Vet Dent* 19(1):15–18, 2002.

ⁱⁱⁱ Hourant P: General properties of the alkaline phosphates: Major food and technical applications. *Phosphorous Res Bull* 15:85–94, 2002.

^{iv} American Feed Control Officials: Official Publication. p314, 2008.

^v Jin Y, Yip H-K: Supragingival calculus: Formation and control. *Crit Rev Oral Biol Med* 13(5): 426–441, 2002.

^{vi} Stookey GK, Warrick JM, Miller LL: Effect of sodium hexametaphosphate on dental calculus formation in dogs. *Am J Vet Res* 56(7):913–918, 1995.

^{vii} Stookey GK, Warrick JM, Miller LL, Katz BP: Hexametaphosphate-coated snack biscuits significantly reduce calculus formation in dogs. *J Vet Dent* 13(1):27–30, 1996.